

Duns & District u3a

Scottish Dance Group

(Supported by RSCDS Duns and District Branch)

Nice and Easy Dance

Duns Rugby Club

Friday 17th April 2026 7:30–10:30 pm

Ticket £8.00. Raffle

Music: Gordon Brown

**Please bring a plate of food
for the shared supper table and a mug.**

FESTIVAL INTERCELTIQUE Reel 5 X 40
Round The Room Ian Brockbank RSCDS Four
Dances 2008

Circle around the room with partner on Man's right

- 1- 8 All circle left and back
- 9-16 All couples with nearer hands raised as Women dance in front and round partner (Men stand still), Men dance in front and round partner (Women stand still)
- 17-24 All in circle advance and retire twice
- 25-32 All turn partner RH, Men turn Woman on left LH into prom hold
- 33-40 All with new partners promenade round to reform circle with new partners

LUCKENBOOTH BROOCH (THE) Jig 8 X 32 53/1

- 1-8 1s in promenade hold (W on L) Reel of '3' with 2s (RSh start to 2M).
- 9-16 1s Repeat Reel of '3' with 3s (RSh start to 3M).
- 17-24 1s Dance out through M's side & Cast (1M up, 1W down). Meet in middle then Dance out through W's side & Cast (1M up, 1W down). **As** 2s & 3s Rights & Lefts. 1s finish with 1M between 2s all facing down, 1W between 3s all facing up.
- 25-28 All Set Twice in lines of 3 across facing down/up.
- 29-32 1s Turn 1¼ RH. Stay together ready to repeat dance.

MISS GIBSON'S STRATHSPEY Strathspey 8 X 32
L/let1

- 1-8 1s & 2s nhj Set on sides, Turn partner BH once round, open out & Circle L once round. [1, 2, 3, 4].
- 9-16 1s & 2s the Knot. On last two bars 1s Turn LH to face 1st corners.
- 17-24 1s turn 1st corner RH, partner LH, 2nd corner RH, partner LH. Finish 1M down, 1W up ready for:
- 25-28 RH wheels: 1W+2s, 1M+3s.
- 29-32 LH wheels: 1W+3s: 1M+2s. [2, 1, 3, 4].

JUBILEE JIG (THE) Jig 8 X 32 L/let1

- 1-2 1M Casts off to 2nd place (2M Steps up).
- 3-8 1M & 3W Set & Turn RH to places.
- 9-10 1W Casts off to 2nd place (2W Steps up).
- 11-16 1W & 3M Set & Turn LH to places. [2, 1, 3, 4].
- 17-20 Two RH Wheels: 1M+3s, 1W+2s. 1s finish in middle LH joined side by side facing opposite sides.
- 21-24 1s Set (LH joined) then dance out to opposite sides.
- 25-28 Two RH Wheels: 1M+2s, 1W+3s. 1s finish in middle LH joined side by side facing own sides.
- 29-32 1s Set & dance out to own sides. [2, 1, 3, 4].

HYPERACTIVE REEL (THE) Reel 8 X 32 2nd Graded
Bk / 23

- 1-8 1s lead down the middle & up to finish facing each other BH joined (2s Step in on bar 8).
- 9-16 1s & 2s Poussette. End: 2s finish at top; 1s finish B to B in middle facing own sides ready for Double Triangles.
- 17-24 2s, 1s, 3s dance Double Triangles. End: 1s finish B to B in middle of set facing own sides.
- 25-32 1s Cast to R & dance a Reel of three across **as** 2s & 3s dance a R shoulder Reel of 3 on sides. [2, 1, 3, 4].

DANCING IN PERTSHIRE Strathspey 4 X 32 Square
54/3

- 1- 8 Women dance ½ RH wheel, turn opposite Man LH; Women dance ½ RH wheel and turn partner LH back to place
- 9-16 Men dance ½ LH wheel, turn opposite Woman RH; Men dance ½ LH wheel and turn partner RH back to place
- 17-24 All 4 couples set, advance and retire (1 step each); Men Petronella turn 1 place to right and set with new partner
- 25-32 All Circle 8 hands round & back

JOIE DE VIVRE Jig 8 X 32 30 Pop Vol2/6

- 1-4 1s Set & Cast off 1 (2s Step up on 3-4).
- 5-8 1s nhj Dance down between 3s & Cast up 1.
- 9-12 2s, 1s, 3s Turn partners RH.
- 13-16 2s, 1s, 3s ½ Chase CW. [(3), (1), (2), 4].
- 17-20 3s, 1s, 2s Dance B to B with partners.
- 21-24 3s, 1s, 2s nhj Set & ½ Turn partner RH into Allemande hold.
- 25-32 3s, 1s, 2s Allemande. [2, 1, 3, 4].

PAISLEY WEAVERS (THE) Strathspey 3 X 32 3cpl
3rd Graded Bk/5

Two chords. 2nd couple cross on 2nd chord. [1, (2), 3].

- 1-8 1s Cross down RH, dance down behind 3s, Cross up RH & dance up behind 2s to places. [1, (2), 3].
- 9-16 1s, 2s, 3s Grand Chain.
- 17-24 1s & 2s Ladies Chain.
- 25-28 1s & 2s ½ Rights & lefts. [2, (1), 3].
- 29-32 1s & 3s ½ Rights & lefts. [2, (3), 1].

- WEST'S HORNPIPE** Hornpipe 4 X 32 4cpl 5 Trad 1965
- 1-16 1s Reel of 3 opposite sides then Reel of 3 own sides.
- 17-24 1s Lead down the middle & up. Turn inwards on last step, stay in middle & face diagonally down to 2s.
- 25-26 1s & 2s Set.
- 27-28 1s nhj Dance down to 4th place & Turn inwards (2s, 3s, 4s nhj Step up). [2, 3, 4, 1].
- 29-32 4s & 1s Circle Left once round.

Supper Interval

- BRIDGE OF ATHLONE** Reel 5 X 48 5cpl
- 1-4 All Advance & Retire.
- 5-8 M make arches and all Advance to opposite sides with W dancing under the arches passing their partner by the R.
- 9-16 Repeat bars 1-8 back to own sides Women make arches. [1, 2, 3, 4, 5].
- 17-24 1s Slip down the middle for 4 bar & back for 4 bars.
- 25-32 1s followed by 2s, 3s, 4s, 5s Cast off to bottom. 1s make an arch and 2s, 3s, 4s, 5s dance under nhj and up to new places stay in the middle and make arches.
- 33-40 1W dances up under the arches as 1M Casts up to top. 1M then dances down under the arches as 1W Casts off to bottom. [2, 3, 4, 5, 1].
- 41-48 All swing turn their partner for 8 bars.

- DOMINO 5** Reel 5 X 32 Square set with 5 people. 2nd Graded Bk / 11
- 5th person in middle facing up. Other 4 people are on the corners of the set. 1st person to R of 5th person.*
- 1-4 RH Wheel (5+1+2)
- 5-8 LH Wheel (5+3+4).
- 9-16 Diagonal RSh Reel of 3 (5+1+3; 5 & 1 Pass Rsh to start). End with 5 facing 4.
- 17-24 Diagonal LSh Reel of 3 (5+4+2; 5 & 4 Pass LSh to start) End with 5 facing 1.
- 25-26 5 & 1 Change places Passing RSh.
- 27-28 1 & 4 Change places Passing RSh.
- 29-30 4 & 3 Change places Passing RSh.
- 31-32 3 & 2 Change places Passing RSh. {2 is new 5}.

- SEANN TRUIBHAS WILLICHAN** Strathspey 8 X 32 2 cpl 27/9
- 1-8 1s Cast & Dance down behind own lines. Turn out and Dance back up to top.
- 9-12 1M & 2W Change places RH and Set as 1W & 2M set and change places RH
- 13-16 Repeat bars 9-12 back to original places.
- 17-24 1s Lead Down (2 steps), Turn RH, Lead Up to the top, Cast off to 2nd place (2s Step up).
- 25-28 2s and 1s set nhj and turn partners BH once round, and open up to join in a circle
- 29-32 2s and 1s circle once round to the left.

- POSTIE'S JIG** Jig 4 X 32 4cpl 30 Pop Vol2/8
- 1-4 1s & 4s Set then Cast (2s & 3s Step up/down).
- 5-8 1s & 4s ½ Figure of 8 through ends. [2, (1), (4), 3].
- 9-12 1M4M make arch & Cross over as 1W4W Dance under. Turn corner person with free hand. 1s finish at top facing down, 4s finish at bottom facing up.
- 13-16 1s dance under arch made by 4s. Turn corner person with free hand.
- 17-24 Repeat bars 9 - 16 back to places.
- 25-28 1s & 4s ½ Rights and Lefts. [2, 4, 1, 3].
- 29-32 4s & 1s Turn partners RH once round.

- SHIFTIN' BOBBINS** Reel 8 X 32 30 Pop Vol2/20
- 1-2 1s Cross down RH (2s Step up).
- 3-4 1s, 2s, 3s Set as in double triangles.
- 5-8 1s Cast up & Dance down nhj to 2nd place.
- 9-12 Two Wheels: 1M2W3W LH, 1W2M3M RH.
- 13-16 1s dance down middle followed by 2s & then 3s.
- 17-20 3s dance up middle & Cast off to 3rd place **as** 2s Dance to top & face out **as** 1s Dance up & face up.
- 21-24 Two Wheels: 1M2W3W RH, 1W2M3M LH. [2, (1), 3, 4].
- 25-28 1s Dance up nhj & Cast off 1 place (opposite side).
- 29-32 1s ½ Fig. 8 up through 2s. [2, 1, 3, 4].

- 12 COATES CRESCENT** Strathspey 4 X 32 4cpl 40/5
- 1-8 All 4 couples nhj Set to partner & Cross RH. Repeat.
- 9-10 1s & 4s nhj partner dance down/up middle.
- 11-12 1W4W also 1M4M nhj Dance through own side, Cast back to place. [1, 2, 3, 4]
- 13-16 1s Lead to 4th place. 2s, 3s, 4s Step up nhj 15-16. [2, 3, 4, 1].
- 17-24 3s & 4s Rights and Lefts. [2, 3, 4, 1].
- 25-32 2s & 3s also 4s & 1s Wheel RH & back LH.

- HIGHLAND RAMBLER (THE)** Reel 8 X 40 30 Pop Vol2/15
- 1-4 1s Dance in towards one another & Cast off 1. (2s Step up on 3-4).
- 5-8 1s & 3s RH Wheel. (At end 1W does not turn).
- 9-12 2s & 1s LH Wheel. End: 1s in middle 2nd place with 1M behind 1W both facing W's side.
- 13-16 1W followed by 1M Dance out on W's side, Cast up round 2W, Dance down middle to end with 1W between 3s, 1M between 2s all facing down.
- 17-24 1W+3s also 1M+2s nhj Dance down for 4, Turn R about & up for 4. End: 1s Face up in middle.
- 25-28 1M followed by 1W Cast off 1 on W's side. 1M crosses to 2nd place own side & pulls RSh back to face partner. [2, 1, 3, 4].
- 29-32 1s Turn RH once round. [2, 1, 3, 4].
- 33-40 2s, 1s, 3s Circle & back.

Links to videos:-

<http://www.offscotland.plus.com/D&D/index.html>